

# love life

cafe

## lunch

## bowls

**eat good karma bowl** \* GF 17.5  
dalfu, kale, quinoa, black beans,  
guacamole, pumpkin seeds, hemp seeds,  
cilantro cashew sauce

**curry bowl** \* GF 16.5  
coconut-curry lentils, brown rice,  
kale, avocado, parm crumble, curry aioli  
(sub quinoa +1.50)

**el chamo bowl** GF 17.5  
jackfruit mechada, brown rice,  
black beans, plantains, avocado,  
guasacaca sauce, cilantro aioli  
(sub quinoa +1.50)

**picadillo bowl** GF 18  
Beyond Meat picadillo, brown rice,  
black beans, sweet plantains, olives,  
avocado (sub quinoa +1.50)

## salads

**love life salad** \* GF 18.5  
kale, local organic greens, quinoa,  
roasted veggies, tomatoes, garbanzos,  
cucumber, carrots, plantains, hemp  
seeds, pumpkin seeds, avocado,  
parm crumble, superfood-basil dressing

**chickn caesar salad** \* GF 14.5  
local organic mixed greens, avocado,  
plant based chicken, roasted pumpkin seeds,  
parm crumble, oil free caesar dressing

**taco salad** \* GF 18.5  
organic kale, lentil-walnut meat, quinoa,  
garbanzos, tomatoes, sprouts, pico,  
avocado, smoked tortilla chips,  
cashew cream, lemon-garlic dressing

**kale salad** \* GF 13  
organic kale, parm crumble,  
lemon-garlic dressing

## brunch

**egg & cheese croissant** \* 15.5  
croissant, JUST egg, cheddar,  
roasted golden potatoes

**pancakes** \* 17  
superfood pancakes topped with  
berries & syrup

**greek omelette** \* GF 15  
JUST egg, spinach, feta and onion  
with roasted potatoes

**breakfast burrito** 17.5  
scrambled JUST egg, Beyond Meat  
picadillo, cheddar, romaine lettuce,  
roasted golden potatoes,  
whole wheat wrap

## protein add-ons

<b>dalfu</b>	5
<b>chickn</b>	5
<b>crispy tofu</b>	5
<b>mushroom carnitas</b>	6
<b>Beyond Meat patty</b>	8
<b>superfood veggie patty</b>	8

## sides

**side kale salad** \* GF 7.5  
organic kale, parm crumble,  
lemon-garlic dressing

**garden salad** GF 7.5  
local organic greens, carrots, tomatoes,  
cucumbers, lemon garlic dressing

**meatless balls** \* GF 11.5  
marinara, parm crumble, basil

**mac & cheese** \* GF 13  
gluten free pasta, cheesy alfredo  
sauce, parm crumble

**roasted sweet potatoes** GF 8  
cilantro aioli sauce

**roasted golden potatoes** GF 7  
ketchup

**empanadas** \* 6  
choice of: jackfruit mechada, blackbean  
sofrito, mushroom carnitas and picadillo

\*Contains nuts.

We use tree nuts, soy, wheat, peanuts and sesame in our kitchen. Due to unavoidable cross-contamination, we cannot guarantee that our products will be free of these allergens. Likewise, while we do offer gluten-free items, we cannot guarantee that these items will not contain gluten as a result of cross-contamination. Please inform a member of our team if you have any allergy concerns or require more information.

**Kosher Pareve by IKC International Kosher Council.**

# SOUPS

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**sancocho** GF 9  
latin american root vegetable soup

**curry lentil** GF 9  
lentils, sweet potatoes, carrots,  
creamy coconut-curry broth

**minestrone** 9  
a hearty italian bean &  
vegetable soup with GF pasta

# handhelds

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**voted "best veggie burger  
in America"** 19  
(sub GF bun +3.00)  
superfood patty, love life cheddar,  
guacamole, pickles, kale & cilantro  
aioli, roasted sweet potatoes

**cheeseburger 2.0** 17.5  
(sub GF bun +3.00)  
Beyond Meat patty, lettuce, roasted  
tomatoes, pickles, onions, cheddar,  
burger sauce, roasted golden potatoes

**love life arepa** GF 16  
chlorophyll, spinach & chia infused  
arepa, black bean sofrito, avocado,  
cilantro aioli, with a side salad

**cuban burrito** 17.5  
(sub GF wrap +3.00)  
black bean sofrito, sweet plantains,  
brown rice, lettuce, tomatoes,  
avocado, cilantro aioli, whole wheat  
wrap, side salad

**beefy tacos** \* GF 16  
locally made blue corn tortillas, cheese,  
curtido, cilantro sour cream, pico de gallo  
"beef" picadillo

**mushroom carnitas tacos** \* GF 19  
local tortillas, oyster mushrooms,  
curtido, cilantro crema

**avocado toast** \* 15  
Zak the Baker sourdough, avocado,  
sweet potatoes, nuzzarella, superfood-  
basil dressing

**'shroomcado toast** 15  
Zak the Baker sourdough, avocado,  
roasted local mushrooms

**chicken quesadilla** \* 16.5  
plant based chicken, guacamole,  
cheddar cheese, cashew cilantro sour  
cream, pico de gallo

# pizzas

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hand-stretched sourdough crust  
(GF crust +3.00)

**bianca** \* 17.5  
local mushrooms, onions, nuzzarella,  
parm crumble, marigolds

**verde** \* 17.5  
cashew cream, spinach, basil-pesto,  
parm crumble (add nuzzarella + 1.50)

**quattro quesos** \* 19.5  
white sauce, nuzzarella, smoked  
nuzzarella, parm crumble, truffle oil

**diabola** \* 17.5  
spicy marinara, smoked nuzzarella,  
lentil-walnut sausage, roasted red  
pepper, oregano, parm crumble

**margherita** \* 17  
marinara, nuzzarella, basil

**pepperoni** \* 18  
tomato sauce, nuzzarella,  
plant based pepperoni

# desserts

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**guava cheesecake** \* GF 13.5  
infused with rose water,  
celestial chunk cookie crust

**mudslide cheesecake** \* GF 13.5  
coffee, chocolate and vanilla  
swirl cheesecake

**brownie or chocolate  
chunk cookie a la mode** \* GF 14  
organic vanilla gelato,  
chocolate sauce

**tiramisu** \* GF 12  
double chocolate cookie,  
coconut-cashew cream,  
ladyfingers soaked  
in a coffee-cognac brew

**slice of cake** \* GF 9.5  
chocolate or carrot