

love life

cafe

dinner

handhelds

voted "best veggie burger in America" 19

(sub GF bun +3.00)
superfood patty, love life cheddar, guacamole, pickles, kale & cilantro aioli, roasted sweet potatoes

cheeseburger 2.0 17.5

(sub GF bun +3.00)
Beyond Meat patty, lettuce, roasted tomatoes, pickles, onions, cheddar, burger sauce, roasted golden potatoes

beefy tacos * GF 16

locally made blue corn tortillas, cheese, curtido, cilantro sour cream, pico de gallo "beef" picadillo

mushroom carnitas tacos * GF 19

local tortillas, oyster mushrooms, curtido, cilantro crema

SOUPS

sancocho GF 9

latin american root vegetable soup

curry lentil GF 9

lentils, sweet potatoes, carrots, creamy coconut-curry broth

minestrone 9

a hearty italian bean & vegetable soup with GF pasta

pizza (GF crust +3.00)

bianca * 17.5

local mushrooms, onions, nuzzarella, parm crumble, marigolds

verde * 17.5

cashew cream, spinach, basil-pesto, parm crumble (add nuzzarella + 1.50)

quattro quesos * 19.5

white sauce, nuzzarella, smoked nuzzarella, parm crumble, truffle oil

diabola * 17.5

spicy marinara, smoked nuzzarella, lentil-walnut sausage, roasted red pepper, oregano, parm crumble

margherita * 17

marinara, nuzzarella, basil

pepperoni * 18

tomato sauce, nuzzarella, plant based pepperoni

shared

cheese + hummus platter * 18.5

a selection of, SriMu Cheeses, superfood hummus, sourdough pita

nachos GF 16.5

beans, picadillo meat, smoked queso, guacamole, sour cashew cream, jalapeño, cilantro

salads

love life salad * GF 18.5

kale, local organic greens, quinoa, roasted veggies, tomatoes, garbanzos, cucumber, carrots, plantains, hemp seeds, pumpkin seeds, avocado, parm crumble, superfood-basil dressing

chickn caesar salad * GF 14.5

local organic mixed greens, avocado, plant based chicken, roasted pumpkin seeds, parm crumble, oil free caesar dressing

taco salad * GF 18.5

organic kale, lentil-walnut meat, quinoa, garbanzos, tomatoes, sprouts, pico, avocado, smoked tortilla chips, cashew cream, lemon-garlic dressing

kale salad * GF 13

organic kale, parm crumble, lemon-garlic dressing

protein add-ons

dalfu 5

chickn 5

crispy tofu 5

entrees

filet mignon 22

plant based fillet mignon, oven roasted mashed potatoes and chimichuri

wild mushroom truffle ravioli 21

local whole wheat pasta on a garlic cream sauce

beef lasagna * GF 22

GF pasta layered with beef ragu and béchamel sauce

oyster mushroom GF 22.5

with spongy tofu with Japanese sweet potato on an herb aioli

roasted cauliflower GF 17.5

whole Roasted cauliflower on a whipped tofu-feta sauce

*Contains nuts.

We use tree nuts, soy, wheat, peanuts and sesame in our kitchen. Due to unavoidable cross-contamination, we cannot guarantee that our products will be free of these allergens. Likewise, while we do offer gluten-free items, we cannot guarantee that these items will not contain gluten as a result of cross-contamination. Please inform a member of our team if you have any allergy concerns or require more information. **Kosher Pareve by IKC International Kosher Council.**

sides

side kale salad * GF 7.5

organic kale, parm crumble,
lemon-garlic dressing

garden salad GF 7.5

local organic greens, carrots, tomatoes,
cucumbers, lemon garlic dressing

meatless balls * GF 11.5

marinara, parm crumble, basil

mac & cheese * GF 13

gluten free pasta, cheesy alfredo
sauce, parm crumble

roasted sweet potatoes GF 8

cilantro aioli sauce

roasted golden potatoes GF 7

ketchup

empanadas * 6

choice of: jackfruit mechada,
blackbean sofrito, mushroom carnitas
and picadillo

Shtdo

signatures

sushi pizza GF 19.5

crispy sticky rice, sweet plantains,
neptuno salad, avocado, kimchi mayo,
wakame salad, unagi sauce

smoked veggie ramen * 21.5

vegetable dashi broth, ramen noodles,
caramelized tofu, smoked carrots,
oyster mushrooms, baby bok choy,
radish, sunflower sprouts

'shrooms ramen * 27.5

creamy wild mushroom tonkatsu broth,
ramen noodles, smoked oyster
mushrooms, baby bok choy, crispy
onions, scallions, chili-garlic oil

miso udon soup 16.5

miso, udon noodles, smoked tofu,
scallions, nori furikake, sesame oil

sushi rolls

crispy tofu roll * GF 17.5

crispy tofu, smoked carrots,
cashew cream cheese, avocado,
cucumber, kimchi mayo

green dragon roll * GF 19

cashew cream cheese, avocado,
scallions, kanpyo, nori furikake,
kimchi mayo

caribbean queen roll * GF 19

smoked carrots, cashew cream cheese,
avocado, scallions, sweet plantains,
cilantro, unagi sauce

rainbow roll * GF 19

avocado, cucumber, neptuno salad,
cashew cream cheese, plantains, beets,
smoked carrots

truffle n' shrooms roll * GF 22.5

truffle and porcini mushroom
tamagoyaki, caramelized king oyster
mushrooms, cashew cream cheese,
wasabi-truffle cream

wynwood roll * 18

nori, sushi rice, nuzzarella, tamago,
crispy tofu, crispy onion, avocado,
unagi sauce, spicy mayo

desserts

guava cheesecake * GF 13.5

infused with rose water,
celestial chunk cookie crust

mudslide cheesecake * GF 13.5

coffee, chocolate and vanilla
swirl cheesecake

brownie or chocolate 14

chunk cookie a la mode * GF

organic vanilla gelato,
chocolate sauce

tiramisu * GF 12

double chocolate cookie,
coconut-cashew cream,
ladyfingers soaked
in a coffee-cognac brew

slice of cake * GF 9.5

chocolate or carrot